

Prevention Related Resources / Programs / Activities

Resource / Program / Activity Name	Date Time	Location of Activity <i>(or how to get a copy)</i>	Description of activity / resource	Cost	Contact Name Phone / Fax Email / Website
American Alliance for Health Physical Education Recreation and Dance					www.aahpend.org
American Council on Exercise					www.acefitness.org/ofk
American Dietetic Association			Nutrition Resources		www.eatright.org
American Diabetes Association			Professional and consumer resources		www.diabetes.org
American Heart Association			Publications and other resources		www.americanheart.org/presenter.jhtml?identifier=4670
CDC -Diabetes			Publications and other resources		www.cdc.gov/diabetes
National Dairy Council			Professional and consumer resources		www.nationaldairycouncil.org/
Fitness Improvement Group for Youth			Port Huron, Michigan school lunch time walking club		www.geocities.com/scfigy
Girls on the Move			link between educators and the community		www.cisnet.org
Kids on the Move					www.kotm.org
10,000 Steps Program			Pedometer use and sales		www.shapeup.org/10000steps.html
Governors Council on Physical Fitness Health and Sports			programs to get people moving		www.michiganfitness.org
Michigan Action For Healthy Kids www.ActionForHealthyKids.org	quarterly	Lansing, Michigan (usually)	a coalition of organizations dedicated to increasing healthy lifestyles for children in the schools.	free	Elizabeth Haller-517-335-0565 haller@michigan.gov or National Ph. 800-416-5136 www.ActionForHealthyKids.org

Michigan Diabetes Outreach Networks (MDON)		In MDON regions	To create Innovative Partnerships to strengthen diabetes prevention, detection and treatment throughout Michigan	free	ECDON-1-800-323-6614 ecdon@cris.com SEMDON-(313) 965--2351 semdon@winstarmail.com SODON-1-800-795-7800 sodon@charter.net TENDON-1-800-472-3175 tendon@trinity-health.org TIPDON-1-800-847-36652 tipdon@racc2000.com UPDON-(906) 229-9203 ann@diabetesinmichigan.org MDON Website- www.diabetesinmichigan.org
Michigan Team Nutrition					www.msue.msu.edu/fnh/tn
Michigan Organization of Diabetes Educators (MODE)			School training manual,CD, PowerPoint program		www.modeonline.org
National Diabetes Education Program					www.cdc.gov/diabetes/ndep/index.htm
National Kidney Foundation of Michigan					www.nkfm.org
National Coalition for Promoting Physical Activity					www.ncppa.org
Society for Nutrition Education			SNE provides forums for sharing innovative strategies for nutrition education, expressing a range of views on important issues, and disseminating research findings.		Society for Nutrition Education
Southern Michigan Diabetes Outreach Network (SODON)		568 E. Chicago Rd., Coldwater, MI 49036	Promoting Healthy Lifestyles for the Prevention of Type 2 Diabetes in Youth manual; Powerpoint presentations, brochures, etc.		SODON-1-800-795-7800 sodon@charter.net

